



I CHOOSE FRIENDS

WHO HELP ME GROW

S

SCRIPTURE

Proverbs 13:20

"Walk with the wise and become wise,
for a companion of fools
suffers harm."



O

OBSERVATION

One of the best examples of a godly friendship in the Bible is David and Jonathan (1 Samuel 18:1-4; 20:1-42).

Jonathan was the son of King Saul, but instead of being jealous of David, he became his loyal friend. Jonathan encouraged David to trust God, protected him from danger, and supported God's plan for David's life. He helped David grow stronger in faith and courage.

Jonathan teaches us that true friends don't lead us away from God—they help us become the person God created us to be.



A

APPLICATION

The people we spend time with influence the choices we make, the words we speak, and the kind of person we become. As young leaders, we should choose friends who encourage us to obey God, tell the truth, show kindness, and make wise decisions.

Ask yourself:

- ✓ Do my friends help me make good choices?
- ✓ Do they encourage me to love God more?
- ✓ Am I also being the kind of friend who helps others grow?

A great leader chooses friends who bring out the best in them and points others toward Jesus.



P

PRAYER

Dear Jesus, thank You for the gift of friendship. Please help me choose friends who love You and encourage me to do what is right. Help me to be a wise, kind, and faithful friend who helps others grow closer to You.

In Jesus' Name, Amen.



I CHOOSE FRIENDS WHO HELP ME GROW



LEAD YOURSELF FIRST. LEAD OTHERS WELL.

PROVERBS 25:28

MONDAY

Ruth Chooses Naomi



TOPIC:

Stay Close to Godly Friends



VERSE:

Ruth 1:16



REFLECTION:

Ruth chose to stay with Naomi even when it was difficult. Naomi loved God, and Ruth wanted to follow the same God. Because Ruth chose a godly friend and mentor, her life changed forever. Wise friends help us know God better and encourage us to keep following Him.



CHALLENGE:

Thank God for one person who helps you grow closer to Jesus. Tell them how much you appreciate them today.

TUESDAY

Jesus and Mary, Martha, and Lazarus



TOPIC:

Build Friendships That Bring You Closer to Jesus



VERSE:

John 11:5



REFLECTION:

Jesus had many followers, but He also had close friends like Mary, Martha, and Lazarus. Their friendship was built on love, trust, and faith in God. Jesus shows us that healthy friendships are filled with kindness, care, and encouragement. When we choose friends who love Jesus, we can help each other grow stronger in our faith.



CHALLENGE:

This week, be the kind of friend Jesus is. Show kindness to someone, listen when they need to talk, and pray for a friend who needs encouragement.

WEDNESDAY

Jesus Chooses His Disciples



TOPIC:

Choose Friends Who Follow Jesus



VERSE:

Mark 3:14



REFLECTION:

Jesus carefully chose twelve disciples to spend time with Him. He taught them, corrected them, prayed with them, and helped them grow into strong leaders. Jesus showed that spending time with godly friends helps us become who God wants us to be.



CHALLENGE:

Spend time this week with a friend who encourages you to love Jesus and make good choices.

THURSDAY

Daniel and His Friends



TOPIC:

Good Friends Help You Do What's Right



VERSE:

Daniel 1:8



REFLECTION:

Daniel, Shadrach, Meshach, and Abednego chose to obey God even when everyone else was doing something different. They stood together and encouraged each other to stay faithful. Friends who love God help us make wise choices, even when it's difficult.



CHALLENGE:

If a friend asks you to do something wrong this week, kindly choose to do what pleases God instead.

FRIDAY

Paul and Timothy



TOPIC:

Help Others Grow



VERSE:

2 Timothy 2:2



REFLECTION:

Paul became a mentor to Timothy. He taught him God's Word, encouraged him to be brave, and helped him become a strong leader. God wants us not only to choose good friends but also to be someone who helps others grow in their faith.



CHALLENGE:

Think of someone younger or newer in your group. Find one way to encourage, help, or pray for them today.

