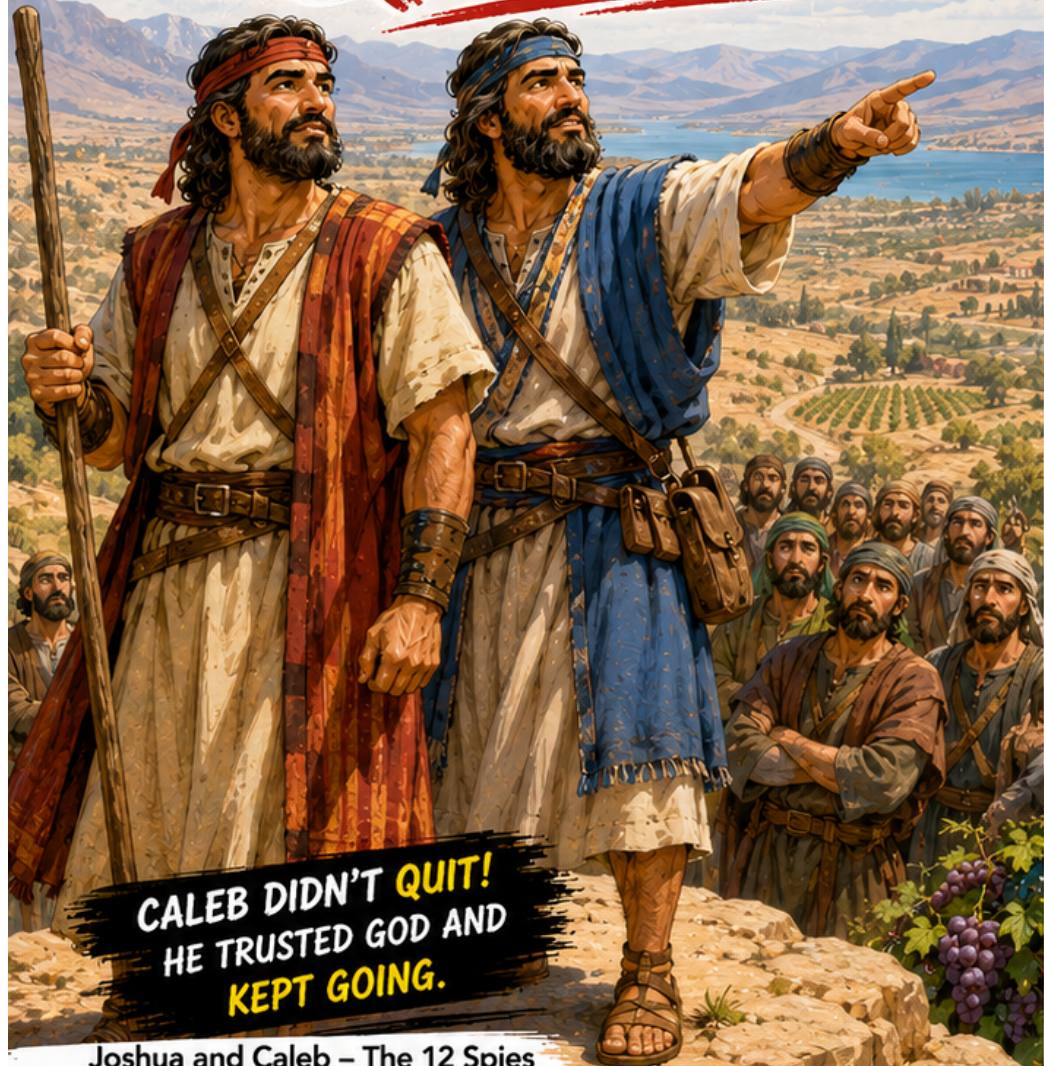


I DON'T QUIT



**CALEB DIDN'T QUIT!
HE TRUSTED GOD AND
KEPT GOING.**

Joshua and Caleb – The 12 Spies
(Numbers 13–14; Joshua 14)

S SCRIPTURE

Galatians 6:9

“Let us not become tired of doing good, for at the right time we will gather a crop if we don’t give up.”



O OBSERVATION

Caleb was one of the twelve spies who went to explore the land God had promised to Israel. Ten spies were afraid and told the people they could not take the land. But Caleb trusted God and said they should go forward. Because the Israelites were afraid and disobeyed God, Caleb had to wait 45 years before he could receive the land God had promised him. But Caleb didn’t quit! When he was 85 years old, he was still strong and ready to take the mountain God had promised him. Caleb teaches us that leaders don’t stop when things get hard. They keep trusting God and keep going.



A APPLICATION

- Sometimes things won’t be easy.
- You may find schoolwork difficult.
 - You may struggle to learn something new.
 - You may have problems with a friend.
 - You may pray about something and have to wait.
 - You may fail and feel like giving up.

But hard things can help us grow stronger. When you feel like quitting, remember Caleb. He waited, trusted God, and kept going. I can say: “I won’t quit. God will give me strength to keep going!”



P PRAYER

Thank You for teaching me through Caleb that I should not quit when things become hard. Help me to keep going when others stop. Give me strength when I feel tired, discouraged, or afraid. Help me trust You and remember that hard things can make me stronger. Give me courage to keep doing what is right and never give up. In Jesus’ Name, Amen.



I WON’T QUIT. GOD WILL GIVE ME STRENGTH TO KEEP GOING!



I DON'T QUIT



SPIRIT LED – SPIRIT EMPOWERED

#Unstoppable



MONDAY

**HARD THINGS
MAKE ME STRONGER**



VERSE:

Read Romans 5:3



REFLECTION:

Have you ever tried something that was really hard? Maybe learning something new, getting better at a sport, or doing something you weren't good at yet. Hard things aren't always fun, but God can use them to make us stronger. When we face difficulties, we learn to keep going instead of giving up. Every challenge is an opportunity to grow.



CHALLENGE:

Do one difficult thing today without giving up. When you feel like quitting, say, "This is making me stronger!"

TUESDAY

**KEEP GOING WHEN
YOU HAVE TO WAIT**



VERSE:

Read Romans 5:4



REFLECTION:

Sometimes not quitting means waiting. Think about Caleb. He believed God's promise, but he had to wait many years before he received what God had promised. He could have become discouraged, but he kept trusting God. Waiting can be hard, but God can use the waiting to build patience, character, and hope in us.



CHALLENGE:

When something doesn't happen as quickly as you want today, don't complain or give up. Say, "I can wait and trust God."

WEDNESDAY

**DON'T FOLLOW
THE CROWD**



VERSE:

Read Romans 5:3–4



REFLECTION:

Sometimes quitting is easy because everyone else is quitting too. Caleb and Joshua were different. When the other ten spies became afraid, they continued to trust God. Caleb didn't change his mind just because everyone else did. A strong leader doesn't always follow the crowd. Sometimes a leader has to stand alone and keep doing what is right.



CHALLENGE:

Do the right thing today even if your friends choose not to. Be brave enough to say, "I'm going to keep going!"

THURSDAY

**GOD GIVES ME
STRENGTH**



VERSE:

Read Romans 5:5



REFLECTION:

There may be times when you feel like you don't have enough strength to keep going. That's when you can remember that you don't have to do everything in your own strength. God has given us the Holy Spirit to help us. When you feel tired, discouraged, or ready to quit, you can pray and ask God for strength. God is with you—even when the challenge feels too big.



CHALLENGE:

When you feel like giving up today, stop and pray: "Holy Spirit, give me strength to keep going."

FRIDAY

**KEEP GOING BECAUSE
THERE IS HOPE**



VERSE:

Read Romans 5:4–5



REFLECTION:

Paul teaches us that difficulties can produce patience, character, and hope. That means our hard moments don't have to be wasted. When we keep trusting God through difficult things, He is building something inside us. So when you face a challenge, don't only look at how hard it is right now. Remember that God is using it to help you grow. You may not see the result yet—but don't quit!



CHALLENGE:

Look back at something difficult you didn't quit. Thank God for helping you get through it. Then say aloud: "I don't quit because God is growing me, strengthening me, and giving me hope!"



LEAD YOURSELF FIRST. LEAD OTHERS WELL.

PROVERBS 25:28

