

I CAN LEAD MYSELF FIRST



SPIRIT LED-
SPIRIT EMPOWERED
#Unstoppable

S SCRIPTURE

“Like a city whose walls are broken through is a person who lacks self-control.”

Proverbs 25:28 (NIV)



O OBSERVATION

Before a leader can lead other people, they must learn to lead themselves. Joseph faced many difficult situations. His brothers were unkind to him, he was sold as a slave, and later he was treated unfairly and put in prison. Joseph could have become angry, bitter, or made bad choices. Instead, he chose to obey God, control his actions, and do what is right. Proverbs 25:28 teaches that self-control protects our hearts, words, actions, and emotions.



A APPLICATION

A great leader understands that they are responsible for their choices. The first person a leader leads is themselves Today, I can lead myself by:

- ✓ Thinking before I speak.
- ✓ Controlling my actions when I feel angry.
- ✓ Trusting God to help me make wise choices.
- ✓ Taking responsibility for my behavior instead of blaming others.



P PRAYER

Dear God, thank You for teaching me that the first person I must lead is myself. Please help me control my words, actions, and emotions. Help me take responsibility for my behavior and follow Your ways just like Joseph did. Make me a leader who honors You in everything I do. In Jesus' name, Amen.





MONDAY

Lead Your Words

Read: Proverbs 18:21



Reflection: Leaders use words every day. Our words can encourage, help, and build others up, or they can hurt and discourage people. Before we can lead others well, we must learn to lead our own mouths. A self-led leader thinks before speaking and chooses words that honor God.



Challenge: Today, use your words to encourage at least three people. Before speaking, ask yourself: "Will my words help or hurt?"



WEDNESDAY

Lead Your Emotions

Read: Proverbs 16:32



Reflection: Everyone feels angry, disappointed, or frustrated sometimes. The question is not whether we have emotions, but how we respond to them. Strong leaders do not let their emotions control them. Instead, they ask God to help them respond wisely.



Challenge: The next time you feel upset today, pause and count to ten before reacting. Ask God to help you choose a wise response.

**LEAD YOURSELF FIRST.
LEAD OTHERS WELL.**

PROVERBS 25:28



TUESDAY

Lead Your Actions

Read: Luke 16:10



Reflection: Great leaders are faithful in the small things. Every choice we make matters. When we choose honesty, kindness, and obedience, we are practicing leadership. People may not always see our actions, but God does.



Challenge: Choose one task today—whether it is cleaning up, doing homework, or helping at home—and do it without being reminded.



THURSDAY

Lead Your Choices

Read: Joshua 24:15



Reflection: Every day is filled with choices. We choose whether to obey or disobey, tell the truth or lie, help or ignore, forgive or stay angry. Leaders understand that they are responsible for their choices. Good choices today build a strong future tomorrow.



Challenge: Before making an important decision today, stop and ask: "Is this a choice that honors God?"



FRIDAY

Lead Yourself First

Read: Proverbs 25:28

Reflection: A leader's first assignment is not leading a team, a class, or a group—it is leading themselves. Self-control protects us like strong walls protect a city. When we control our words, actions, attitudes, and emotions, we become leaders that others can trust and follow.

Challenge: At the end of today, take five minutes to reflect:

- Did I control my words?
- Did I make good choices?
- Did I manage my emotions well?
- Did I honor God with my actions?

Ask God to help you grow in any area where you struggled.

