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| **THEME: BOLD, STRONG AND COURAGEOUS** |
| **THE HOLY SPIRIT**These lessons will help us to choose the Helper in the person of the Holy Spirit, to work in us to produce fruit that makes us more like Jesus, just as His disciples, everyday so that we may be able to preach the gospel and attract non-believers in His kingdom as they admire the fruit that comes out of us through the help of the Holy Spirit.**Heroes (7-8) Years** |
| **DATE** | **27TH JULY 2025** |
| **TOPIC** | **Galatians 5:22–23** **The Fruit of the Spirit- Review (Love, Joy, Peace, Patience)** |
| **LESSON OVERVIEW** | To help children REMEMBER the lessons we learnt on the Fruit of the Spirit. We will have a fun, engaging **review lesson** on the **Fruit of the Spirit**—specifically **Love Joy, Peace, and Patience**—based on **Galatians 5:22**. |
| **TAKE AWAY** | We will continue our journey of growing the Fruit of the Spirit in Our Hearts. |
| **PREPARATION** | Read **Galatians 5:22****Make sure you have visuals, paper and markers.** |
| **GAME** | ***Red Light, Green Light (Patience Style)*****Instructions:**Play the usual "Red Light, Green Light" game. But this time, pause longer during "red light" moments. |
| **WORSHIP LEADER** | Today we're learning that we can produce the fruit of the Spirit, with the help of the Holy Spirit.  |
| **PRAYER** | Holy Spirit, grow Your fruit in our hearts. Help us show love, choose joy, live in peace, and be patient, **Amen.** |
| **BIG WORD** | Welcome everyone. I hope you had a great week.Last week was fun we concluded our lessons on “Draw the Line.” What is one thing that you chose to draw the line on, no matter what?Thank you for sharing, friends. *For this section, prepare 4 facilitators who will act out the Fruit of the Spirit- LOVE, JOY, PEACE and PATIENCE and the children will have to guess. It’s like the game of Charades.*Today, we are going to remind ourselves of the lessons we learnt on the Fruit of the Spirit. I have some cool friends here who are going to show some actions, and you will have to guess which fruit of the Spirit they are presenting.Read together: **Galatians 5:22-23***“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,****23****gentleness and self-control. Against such things there is no law.”*Hold up big fruit cutouts for **Love**, **Joy**, **Peace**, and **Patience** as you read them.* Where do these fruits come from? (The Holy Spirit!)
* Can we grow them on our own? (Nope! God helps us grow them.)

Let’s watch this video- <https://www.youtube.com/watch?v=Wq8bK6r4XRg> Let’s get into our crews and discuss. |
| **CREW TIME** |
| **GAME 1** | **Fruit Salad Shuffle****Materials:** Cards or signs with the 4 fruits: Love, Joy, Peace, Patience.**How to Play:*** As the children arrive in your CREW, give each child a small card or sticky note with the words love, joy, peace and patience.
* Children sit in a circle. One child from the group calls out one or more fruits (e.g., “Joy!”).
* Those with that “fruit- joy” must switch sits while the one who called out tries to take their place.

**Discuss:** 1. *What do you remember about that fruit?*
2. *What does it mean to love someone even when they’re not nice to you?*
3. *How did Jesus show love to others?*
4. *What are some ways we can show love to our family, even when we’re tired or annoyed?*
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| **GAME 2** | **Joy Freeze Dance****Materials: Music****Objective:** Joy comes from the inside—no matter the music!**How to Play:*** Play upbeat praise music. Children dance with silly moves that show joy (jumping, clapping, twirling). When the music stops, they must freeze with a BIG joyful face.
* Add silly challenges (freeze like you're hugging someone, freeze with your hands in the air).

**Debrief Question:**1. *What's the difference between joy and happiness?*
2. *What are some things that bring you joy that don’t cost money?*
3. *How can we spread joy to others at school or home?*
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| **GAME 3** | **Peaceful Puzzles”****Objective:** Work together calmly to build a puzzle.**How to Play:*** Give each crew a simple puzzle or mix pieces from multiple puzzles together to increase difficulty.
* Crews must complete the puzzle *without arguing*—if someone raises their voice or grabs, they must stop and breathe together for 5 seconds before continuing.

**Debrief Questions:**1. *Was it hard to stay peaceful?*
2. *What do you do when there’s a fight or argument? How can you be a peacemaker?*
3. *How can prayer help you find peace?*
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| **GAME 4** | **“Pass the Present”****Objective:** Practice waiting with a good attitude.**How to Play:*** Wrap a small treat or prize in multiple layers of paper.
* Play music while kids pass it around a circle.
* When the music stops, the child holding the present unwraps ONE layer.
* Continue until the last layer reveals the surprise.

**Debrief Questions:**1. *Why is patience important when we have to wait for something good?*
2. *Why do you think God wants us to be patient?*
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| **CONCLUSION** | **Why Are They Called “Fruit” and Not Just “Good Habits”?**Because they grow from the inside out—just like real fruit!* Fruit grows on trees that are healthy and strong, with good roots and water.
* The *Fruit of the Spirit* grows in us when we stay close to God and listen to His Holy Spirit.

🌱 Good habits are nice, but sometimes people do them just to look good or follow rules.🍇 The *Fruit of the Spirit* is different—God puts it in our hearts and helps it grow when we let Him lead us.God gives us this fruit—not just for fun—but so other people can see what He’s like through the way we live! |
| **MEMORY VERSE** | **Galatians 5:22-23 (NIV)***" But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,****23****gentleness and self-control. Against such things there is no law."* |
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