



The Psalm 125 Challenge



Every morning before leaving home: **Read 1 verses** from Psalm 125.



Pray: *"Lord, I trust in You today."*



End of the day: Write down one way you saw God help or protect you.



Day 1

Verse 1

→ **Read:** Psalm 125:1



Pray:

"Lord, I trust in You today."

One way I **TRUSTED**
God today:



Day 2

Verse 2

→ **Read:** Psalm 125:2



Pray:

"Lord, I trust in You today."

One way I **TRUSTED**
God today:



Day 3

Verse 3

→ **Read:** Psalm 125:3



Pray:

"Lord, I trust in You today."

One way I **TRUSTED**
God today:



Day 4

Verse 4

→ **Read:** Psalm 125:4



Pray:

"Lord, I trust in You today."

One way I **TRUSTED**
God today:



Day 5

Verse 5

→ **Read:** Psalm 125:5



Pray:

"Lord, I trust in You today."

One way I **TRUSTED**
God today:



✨ *"Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures forever." – Psalm 125:1* ❤️ ✨